

## St-THOMAS-les-BAINS - PRATS BALAGUER (the "hot spring" walk)

Duration and ascent: 2h15;  
230m

Photos: [www.wikiloc.com](http://www.wikiloc.com)



From the car park (D) on the approach road to St-Thomas-les-Bains, we go up a path into a forest.

At a path junction we go to the left.

At a path crossing we go straight ahead.

On reaching a sharp bend in a road, we go to the left, down the road.

Further down the road, we go to the right (1), along a track, with a canal on our right.



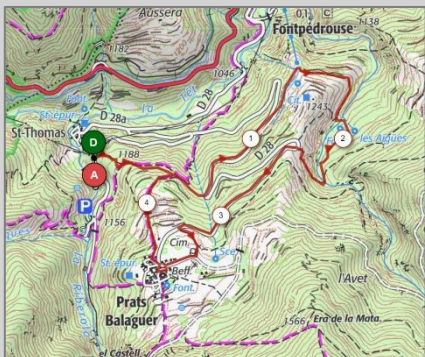
At a hydroelectricity installation, we follow the path round to the right.

The path crosses a hillside, then the path descends into a ravine. We cross a stream.

We climb a steep slope in a forest, with pools of hot water on our left. We probably see several naked bathers here.

At the top of the slope is a natural hot spring (2) in the

hillside. Water gushes out of this spring at a temperature of about sixty degrees centigrade.



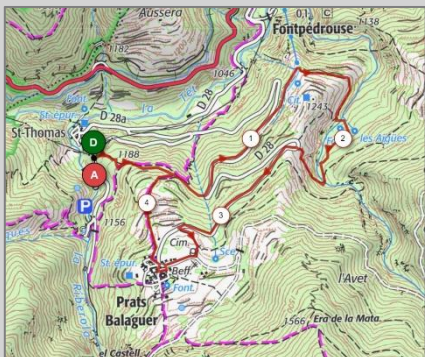
We go to the right, along a well-used path. The path descends to cross a stream; then the path climbs to a road. We go to the left, along the road (3).

Further along the road, we go to the left, up a track.

At a track junction, with the beautiful church of Prats Balaguer on our right, we go to the right.

We enter the village, with its fine clock tower.

From the bottom of the village, we go down a lane on the left.



We soon follow a path which is going downhill (4).

At a path crossing (where we were earlier), we go to the left.

We follow our outward route back to the starting point (A).

2021