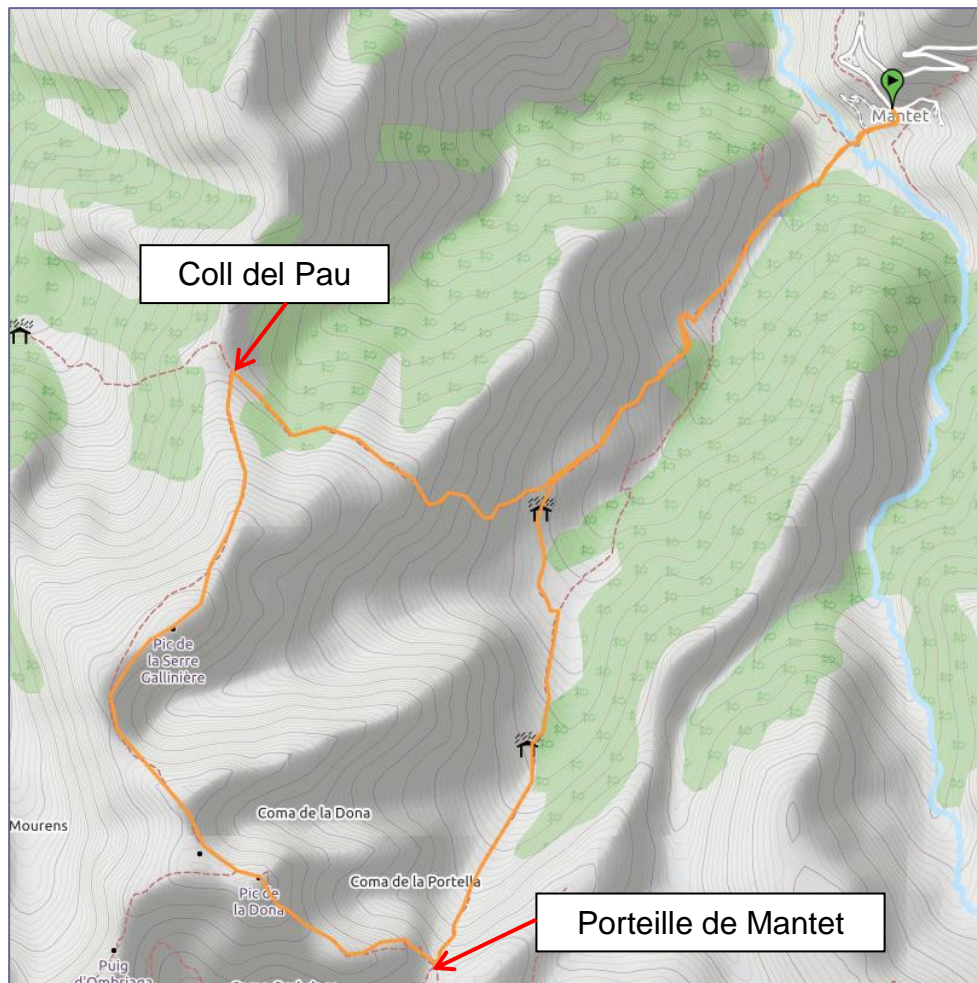


MANTET - PIC de la DONA (2702m)

Eastern Pyrenees, France

Duration: 7-8 hours walking

Climb: 1350 metres



Technical Difficulty: moderate
Map: IGN 1: 25,000 2250 ET
(Bourg-Madame Mont-Louis)

On Géopotal: <http://tinyurl.com/hqy89rr>

START: at the top entrance to Mantet village (which is closed to motor traffic).

We descend through the village to a river crossing. We follow the GR10 long-distance footpath (red-and-white waymarks) across the river and up the valley straight ahead.

After climbing for over an hour, we reach a path bifurcation. The GR10 goes to the right, but we continue straight ahead, on the 'Ronde du Canigó' (red-and-yellow waymarks).

The path emerges above the forest, it crosses open ground, then it climbs a steep scree slope.

We reach the 'Porteille de Mantet', a col on the frontier between France and Spain.

We turn right (leaving the 'Ronde du Canigó'). We follow a well-used path which climbs the line of a ridge to the 'Pic de la Dona'.

After the summit, we continue at first in the same direction, across a plateau. (But, from the summit to when we meet again the GR10, the path is indistinct.)

We turn to the right and we follow the line of highest ground, around the heads of two deep valleys on the right.

Turning again to the right, we climb a little, and we reach the summit of the 'Pic de Serre Gallinière' (2663m). We cross the boulder fields on this high ground with great care.

Keeping to the line of highest ground, we descend in a northward direction. We reach the 'Col del Pal' (2294m). Here we meet again the GR10.

We turn right and we follow the GR10. At first it follows the line of the contour. Then it descends steeply.

We return to the path bifurcation where the GR10 meets the 'Ronde du Canigó'. We turn left and we follow the GR10 back to Mantet.

(From: <http://www.wikiloc.com/wikiloc/view.do?id=13864196>

See also: <http://www.wikiloc.com/wikiloc/view.do?id=10646741>)



Alan Mattingly
June 2016

More walks: www.walks-vernetlesbains-canigou.eu